

# Acupuncture & Herb Center and Your Truth Counseling Services

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## Offering healing for the whole body, mind and spirit

**H**ealdsburg's Acupuncture & Herb Center and Your Truth Counseling Services share a warm, inviting office on Grove Street.

Upon entering, visitors are welcomed with the scents of healing herbs and aromatherapy fragrances. The two businesses share a space but are separate entities.

Marlene Klein, LAc, has been practicing acupuncture for more than 30 years. With her extensive training in oriental medicine, Klein treats patients for ailments including chronic pain, digestive issues, anxiety and sleep disorders.

She employs micro current technology to apply therapeutic treatments as well as facial rejuvenation. Klein has been practicing acupuncture in Healdsburg since 1990.

A true entrepreneur, Klein is rightfully proud of her accomplishments in bringing healing to so many over the years. "I have a lot of experience to offer," she said. "I treat the whole person. I don't just treat sciatica, I treat the person with it."

The woman behind Your Truth Counseling Services is Karen Esabel Myers, who offers a full range of counseling as a licensed hypnotherapist.



**Marlene Klein and Karen Esabel Myers.**

Myers practices alchemical hypnotherapy, which differs from traditional therapy because it connects the patient to their inner wisdom.

"There's a deeper element to my practice," Myers said. "I'm extremely passionate about folks owning their own answers and having their own truth. I work with people to help them get to the place where they can find their own truth."

Myers' patient take tools home with them, in the form of an audio component to the therapy and continue their progress at home between sessions.

Myers offers package deals composed of multiple therapy sessions to address either singular issues or a collection of concerns from health to past trauma.

Though they are separate entities, Myers and Klein are also offering a collaborative package deal, at a steep discount, on smoking cessation.

With eight acupuncture sessions, along with herb treatments, and three hypnotherapy sessions and audio recordings, the smoking cessation package is a tremendous value, and a quadruple threat to the smoking habit for those ready to quit.

"We're both here to serve the community," Klein and Myers said.